

Hello Kitty will be your tour guide for Yamanashi, Home of Mt. Fuji!



## YAMANASHI-JAPAN



Takeda Hishimaru Captain of the Tourist Caravan Yamanashi, Home of Mt. Fuji







# Fruits



# Strawberry

Strawberries are usually only available from the winter through the spring, but now a new type of strawberry is also available to enjoy during the summer.



# Cherry

Cherries are ready for harvesting from around the middle of May. They are considered a delicacy in Japan.



the Guinness World Record as the world's heaviest plum!

The "Kiyo" holds

## Plum

Yamanashi grows various types of plums, including very large ones like the "Kiyo".

# Enjoy Yamanashi's fruits that are in season.

Yamanashi offers fruits year-round for everyone to enjoy. Yamanashi is the number 1 producer of peaches and grapes in Japan!



#### Pink Spring

Peach blossoms start blooming everywhere in the beginning of April all at once, covering the land in a beautiful pink carpet.





Peach

Freshly picked peaches can be enjoyed in the beginning of the summer.



Blueberry

Blueberries can be

Blueberries can be enjoyed from the beginning of the summer. This sweet, bite-size fruit is very cute.



Grapes are in season from the summer until the fall. Many varieties are grown.

# Landscape emblematic of Yamanashi

Vast grape vineyards are the first thing that stands out when entering the Kofu Basin.

Choose from many varieties, including easy-to-eat seedless grapes and grapes with edible skin!

Yamanashi

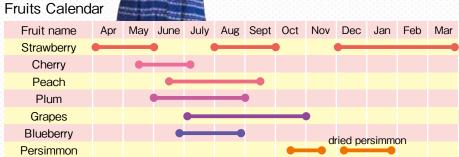




#### Persimmon

Persimmons being dried out in the open inspires poems about autumn

This fruit is reminiscent of an autumn visit. Dried persimmons(Korogaki and Anpogaki) are also available.







#### **Strawberry Picking**

Pick bright red strawberries. Eating them with condensed milk is also good!

(Fee) about 1,500 yen

Fuefuki, Koshu and Yamanashi Area Kofu and Shosenkyo Gorge Area Mt. Fuji and Lake Fujigoko Area



#### **Grape Picking**

Which grapes do you like? Many varieties are available to taste.

Fee about 2,000 yen

Fuefuki, Koshu and Yamanashi Area Kofu and Shosenkyo Gorge Area Mt. Yatsugatake and Nirasaki Area Minami Alps and Fuji River Basin Area



#### **Cherry Picking**

These red gems are ripened on the branch. Come out and pick these fruit delicacies!

Fee about 2.000 ven

Fuefuki, Koshu and Yamanashi Area Mt. Yatsugatake and Nirasaki Area Minami Alps and Fuji River Basin Area Mt. Fuji and Lake Fujigoko Area



#### **Peach Picking**

This fruit is reminiscent of a summer visit. Eat them while they are hard and fresh.

Fee about 1,500 yen

Fuefuki, Koshu and Yamanashi Area Minami Alps and Fuji River Basin Area Mt. Yatsugatake and Nirasaki Area



#### **Blueberry Picking**

Visitors can enjoy a refreshing sweetness from the blueberries that are freshly picked.

Fee about 1,000 yen

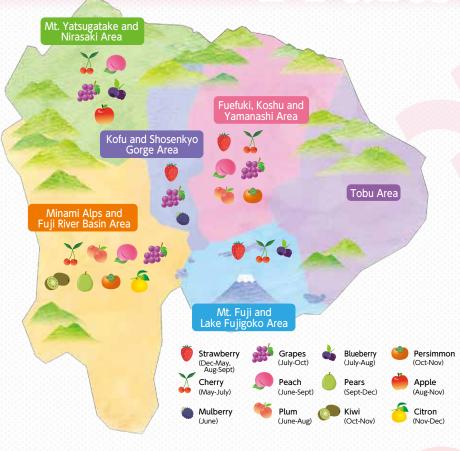
Mt. Yatsugatake and Nirasaki Area
Mt. Fuji and Lake Fujigoko Area

\*The fees listed may vary.



# Fruit Map

# Fruits



#### Yamanashi Web page

"Yamanashi Umaii Net" provides information about local cuisine as well as fruits, wines, Japanese sake and many other delicious Yamanashi foods. Feel free to look at it for more detailed information on fruit picking.





www.yamanashi-kankou.jp/umaiinet/







# Winery Map

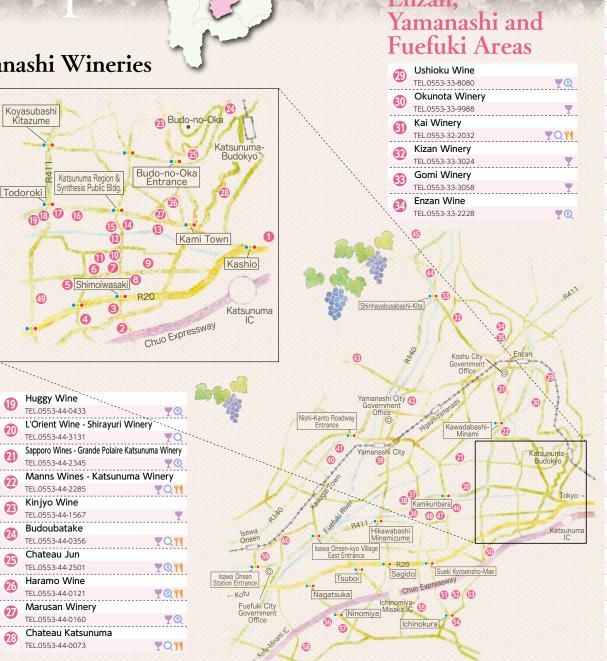
#### Come Visit the Yamanashi Wineries

Yamanashi offers a number of wineries, which produce unique wine blends.

Tasting O Tour R Tour (reservation required)

#### Katsunuma Area

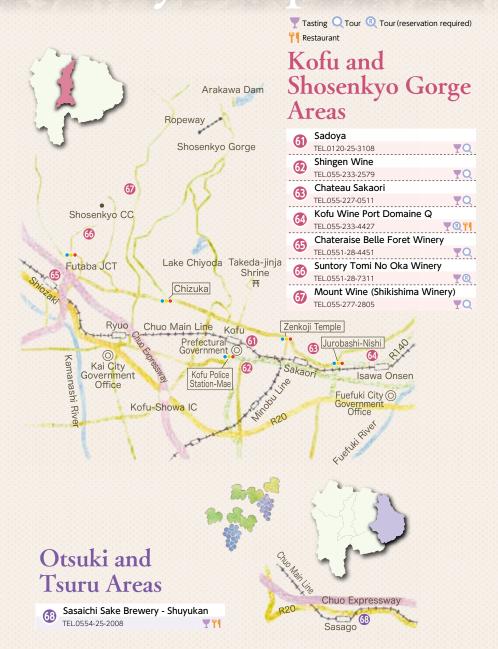
O	Kashiwa Wine
U	TEL.0553-44-0027
•	Fujiclair Winery
2	TEL.0553-44-3181
•	Marquis Wine
3	TEL.0553-44-1005
	Marufuji Winery
4	TEL.0553-44-0043
	Katsunuma Winery
6	TEL.0553-44-0069
•	Ikeda Winery
6	TEL.0553-44-2190
6	Iwasaki Winery
7	TEL.0553-44-0020
	Kurambon Wine
8	TEL.0553-44-0111
•	Diamond Winery
9	TEL.0553-44-0129
<b>A</b>	Soryu Winery
10	TEL.0553-44-0026
•	Ohizumi Winery of Katsunuma
W	TEL.0553-44-2872
<b>D</b>	Mercian - Chateau Mercian
W	TEL.0553-44-1011
B	Toumu Winery
B	TEL.0553-44-5535
14	Chateraise Belle Foret Winery - Katsunuma Winery
w	TEL.0553-20-4700
<b>B</b>	Morita Koshu Winery
w	TEL.0553-44-2003
16	Katsunuma Daihachi Winery
w	TEL.0553-44-0162
<b>D</b>	Asaya Winery
W	TEL.0553-44-1022
18	Chuo Budoshu - Grace Winery
	TEL.0553-44-1230

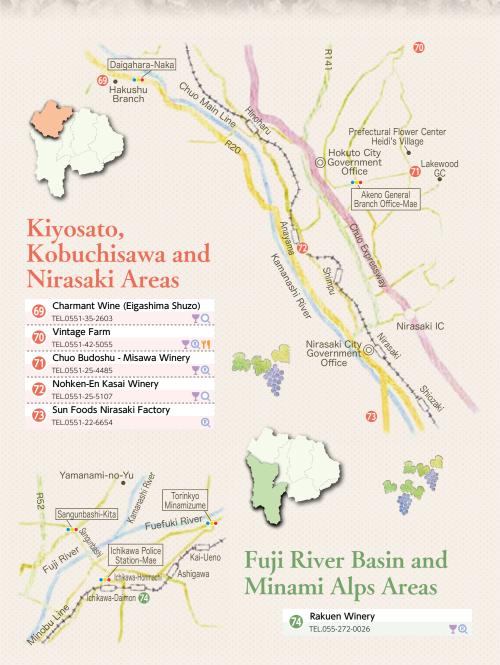


35	Kisvin Winery
	TEL.0553-32-0003
36	Tsuruya Winery
	TEL.0553-20-1772
37	Hikawa Winery
	TEL.0553-22-1722
<b>3</b> 3	Toshin Yoshu
33	TEL.0553-22-5681
39	Ste. Neige Wine
	TEL.0553-22-1511
40	Tekisen Wine
	TEL.0553-23-2462
4	Caney Wine
	TEL.0553-22-0148 <b>Y</b> ¶
42	Soleil Wine
	TEL.0553-22-2236
43	Yawata Wine TEL.0553-23-2082
	Sanyo Wine
44	
	TEL.0553-35-2108 <b>Y 11</b>
45	TEL.0553-20-3541
	Suzuran Winery
46	TEL.0553-47-0221
	Yahagi Yoshu
47	TEL 0553 47 5011
•	Minami Alps Wine and Beverage
48	TEL.0553-47-6550
•	Chateau Lumiere
49	TEL.0553-47-0207
G	Montanasu Wine
50	TEL.0553-47-0491 &
<b>5</b>	Kitanoro Winery
•	TEL.0553-47-1563
<b>5</b> 2	Aramaki vvine
•	TEL.0553-47-0071 \(\begin{array}{cccccccccccccccccccccccccccccccccccc
<b>3</b>	Alps Wine - Salon
	TEL.0553-47-5881
54	Liaison
	TEL.0553-47-1553
<b>6</b>	Katsunuma Winery - Kanegawa Winery
<b>5</b>	TEL.0553-47-3232
56	TEL.055-263-3036
	TEL.055-263-3036 <b>▼ Q Fuefuki Wine</b>
57	TEL.055-263-2299 <b>TQ</b>
	Yatsushiro Wine
58	TEL.055-265-2418
	Monde Wine
69	TEL.055-262-3161
	Hombo Shuzo - Yamanashi Mars Winery
00	TEL.055-262-1441

11 12 \*\*As of September 1, 2015

# Winery Map





# Sake Sake

#### This sake is made from rice and crystal clean spring water.

Yamanashi is blessed with an abundance of clean water springs and as a result is a popular sake brewery region.

It is great to be able to taste and compare sake from so many sake breweries!

#### **Enjoy Warm Sake**

Sake can be enjoyed as a heated or chilled drink. "Okan" refers to warm sake and is a popular drink during the winter.

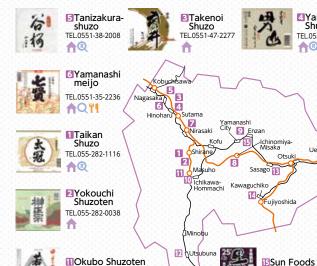
#### Visit Sake Breweries

Sake is a fermented wine made from rice, water and rice-malt. The process of brewing is extremely particular and complex. Most of the preparations are carried out in the winter. When visiting breweries during this time, visitors can see how Japanese sake is made.

A ball made from Japanese cedar sprigs is placed on the eaves of the brewery to indicate that the new sake is ready!

#### Yamanashi Breweries and Local Sake Labels

Yamanashi breweries and their respective local sake labels are listed below. Each offers a different charming taste. Feel free to taste and compare them!





Uenohara











**3**Udezumou Shuzo TEL.055-262-3010



TEL.0556-22-2103

↑ Shop Q Tour R Tour (reservation required) Restaurant

TEL.0556-22-0227



Yokoyama Shuzoten TEL.0556-64-3211

TEL.0553-32-3343





15

Characteristics of Sake

Sake is made from rice but some can be made by changing the purity of the ingredients and the procedures. If the term "Junmai" or "Ginio" is shown

on the label, it refers to a specific manufacturing



## Yoshida's Udon

Visitors can enjoy eating soy sauce and misobased udon, which is made from Mt. Fuji spring water. The lightly salted thick noodles cooked aldente offer a filling meal. There are close to 60 eateries available around the Fujiyoshida area, and many of them offer an eat-in space in the living room of their homes.

● Fuiivoshida Tourism Promotion Service TEL.0555-21-1000



## Hoto

Hoto offers a flat noodle served together in a pot with lots of stewed vegetables. Visitors can eat directly from the pot.

#### Yamanashi B-grade Gourmet

Torimotsu-ni (stewing with chicken giblets) was first served at soba noodle restaurants in Kofu City around 1950. It won the B-1 Grand Prix (B-grade gourmet food competition) in 2010.

# Local Cuisine

# Old "traditional flavors" are still a favorite

Local Yamanashi cuisine is creative and flavorful, showing Yamanashi's passion for delicious food!



#### Kofu Torimotsu-ni

Torimotsu-ni is a local cuisine that involves giblets stewed with sugar and soy sauce. The stewed giblets offer a salty-sweet sauce that is addictive.

●Kofu City Tourism Department TEL.055-237-5702





#### Stewed Awabi

Awabi (abalone) is cooked slowly in a soy sauce-based stew. It is then sliced into thin pieces and eaten.

#### Seafood from a Non-coastal Prefecture

During the Edo Period, abalone was fished from the sea and put in a soy sauce marinade. The abalone was then transported by horse. By the time that it arrived to Kofu it was just ready to be served and eaten.





#### Mimi

"Mimi" is a traditional dish in Jukkoku, Fujikawa Town that is made by stewing seasonal vegetables with kneaded flour.

 Fujikawa Town Commerce, Industry and Tourism Department TEL.0556-22-7202



#### Koshu Chicken

Koshu chicken is free range chicken raised in the Koshu's rich natural environment. This chicken offers sophisticated flavors.

●Koshu Chicken Producers Association TEL.055-222-0032



Yuba is made from soy milk. "Minobu Yuba" was first made more than 700 years ago out of concern for the health of Nichiren Shonin.

●Minobu Town Tourism Department TEL.0556-62-1116



#### Koshu Wine Beef

Grape pomace, the solid remains of grapes from the wine making process, is used as fodder. This produces a beef with a slight sweetness that is smooth and soft.

Koshu Wine Beef Producers Association TEL.055-262-2288

#### Koshu Fujizakura Pork

This pork was produced using a pig breed from lowa, U.S.A. The pigs are raised in the natural environment that has blessed this area.



# Traditional Crafts



Traditional designs that showcase master craftsmanship

The traditional crafts in Yamanashi are all stylish. These cute designs are great for everyday use!



era that is marked by near-constant military

The natural wear from the leather that occurs also adds to their charm!



conflict.

The inden patterns have various meanings. For example, the dragonfly is literally known as the "victory insect" because it can only go or fly in a forward direction. It is said that this pattern was a favorite of warriors.



The smooth texture feels really nice!



# Kaiki

Kaiki are beautiful silk goods that come from the Gunnai region, a textile producing area. The unique woven technique offers a distinct texture.





# Jewelry

Yamanashi used to be a region known for producing quartz. Special jewelry making techniques were developed, making this region in Japan one of the most prominent for jewelry production.

#### Koo-fu

The Koo-fu brand offers well-designed jewelry that integrates both the new and the old. The jewelry shown in the picture is also made by Koo-fu.



Now enjoy Yamanashi in Tokyo too!

#### Yamanashi shop guide

"Fujinokuni Yamanashi-kan" is a satellite shop and information center that highlights the charm and characteristics unique to Yamanashi. Local Yamanashi specialty goods are available. There is also a wine shop produced by world renowned sommelier Shinya Tasaki and the restaurant Y-wine, so visitors can enjoy Yamanashi wine and food.

#### Fujinokuni Yamanashi-kan: 1F

- Open year-round
- ●Tel 03-3241-3776

#### Restaurant Y-wine: 2F

- Closed Sunday and holidays
- ●Contact: Tel 03-3527-9185
- Address:

Nihonbashi Plaza Building, 2-3-4, Nihonbashi, Chuo-ku, Tokyo, 103-0027

# Local Sweets



# Enjoy Yamanashi sweets!

Sweets made in Yamanashi are quite unique. Even the standard Japanese sweets available here are particularly beautiful and delicious.

# Shingen Mochi

Soft mochi covered in brown sugar syrup and kinako is a typical sweet available in Yamanashi. Try and eat it without getting your face dirty with kinako!



## Kurodama

The jet black balls have a striking appearance. This delicious Japanese sweet is a dark, brown sugar coated yokan filled with a sweet green pea paste.



# Tsuki No Shizuku

21

This Yamanashi sweet has a romantic name, "drop of moon". An entire Koshu grape is rolled in sugar. Only available in the fall.

#### **Shopping Information**

See locations below for purchasing local Yamanashi specialty goods!



# Michi-no-Eki

"Michi-no-Eki" is a rest stop where visitors can take a break from driving. It is convenient because visitors can purchase a variety of local specialty goods, including fruits and vegetables. Here is a list:

1	Tomizawa	
•	28507-1 Fukushi, Nanbu-cho	☎0556-66-2260
2	Kai-Yamato	
4	2248 Hajikano, Yamato-cho, Koshu City	☎0553-48-2571
3	Narusawa	
	8532-63 Jiragonno, Narusawa-mura	☎0555-85-3900
	Mitomi	
4	1822-1 Mitomi-Kawaura, Yamanashi City	☎0553-39-2580
5	Shimobe	
	4321 Furuseki, Minobu-cho	☎0556-20-4141
	Toyotomi	
6	<b>Toyotomi</b> 1010-1 Asari, Chuo City	☎055-269-3424
	•	☎055-269-3424
6 7	1010-1 Asari, Chuo City	☎055-269-3424 ☎0551-25-5021
7	1010-1 Asari, Chuo City  Nirasaki	
	1010-1 Asari, Chuo City  Nirasaki  1795 Nakajo, Nakada-machi, Nirasaki City	
<b>7</b>	1010-1 Asari, Chuo City  Nirasaki  1795 Nakajo, Nakada-machi, Nirasaki City  Doshi	☎0551-25-5021
7	1010-1 Asari, Chuo City  Nirasaki 1795 Nakajo, Nakada-machi, Nirasaki City  Doshi 9745 Doshi-mura	☎0551-25-5021
7 8 9	Nirasaki 1795 Nakajo, Nakada-machi, Nirasaki City  Doshi 9745 Doshi-mura  Katsuyama	☎0551-25-5021 ☎0554-52-1811
<b>7</b>	Nirasaki 1795 Nakajo, Nakada-machi, Nirasaki City Doshi 9745 Doshi-mura Katsuyama 3758-1 Katsuyama, Fujikawaguchiko-machi	☎0551-25-5021 ☎0554-52-1811

m	Hakushu		
ш	1308 Shirasu, Hakushu-cho Hokuto City	☎0551-20-4711	
12	Fujiyoshida		
124	1936-6 Araya, Fujiyoshida City	☎0555-21-1225	
13	Minamikiyosato		
Е	760 Nagasawa, Takane-cho, Hokuto City	☎0551-20-7224	
14	Shirane		
تقا	595-1 Zaikezuka, Minami Alps City	☎055-282-6478	
15	Kobuchisawa		
Ш	2968-1 Kobuchisawa-cho, Hokuto City	☎0551-36-3280	
16	Minobu Fujikawa Visitors Center		
Ш	1597 Shimoyama, Minobu-cho, (Located in Yamanashi Fujikawa Craft Park)	☎0556-62-5600	
17	Tabayama		
Ш	2901 Tabayama-mura	☎0428-88-0411	
18	Fujikawa		
ПО	1655-3 Aoyagi-machi, Fujikawa-cho	☎0556-48-8700	
<b>7</b>	Kosuge		
19	3445 Kosuge-mura	☎0428-87-0020	

#### Yamanashi Prefectural Local Industry Center

## Kaiterasu

There is a wide variety of Yamanashi specialty items available, such as jewelry, inden and other traditional crafts as well as wine and local gourmet food.

Yamanashi Prefectural Local Industry Center: Kaiterasu
3-13-25 Toko-ji Temple, Kofu City ☎055-237-1641



## **Train Station Stores**

sweets at stores located at all the JR and Fujikyuko Line stations.

Visitors can purchase goods such as wine and

JR Kofu Station (CELEO 2F)	
1-1-8 Marunouchi, Kofu City	☎055-224-2611

Mt. Fuji Station, Fujikyuko Line (Q-STA)
2-5-1 Kamiyoshida, Fujiyoshida City ☎0555-23-1111

# About Yamanashi Prefecture

Yamanashi Prefecture is situated in the center of Japan. Located next to Tokyo, almost 80% of the prefecture consists of mountains and forests, and it is famous for its rich natural scenery.

The local topography is known as the "Kofu basin," being completely encircled by mountains. Mt. Fuji, which towers over the land to the south, is Japan's highest peak, a distinctive symbol of Japan, and listed as a world heritage site. To the north is the Yatsugatake mountain range with the Kiyosato Highlands at its foot. To the west is the Southern Alps, a mountain range listed as a UNESCO Biosphere Reserve (also known as a UNESCO Eco Park in Japan), with some of Japan's greatest mountains, including Mt. Kai-Komagatake and Mt. Kitadake, its second-highest peak.

The climate of Yamanashi includes large temperature swings between summer and winter; thus, the prefecture undergoes distinctively visible changes between the four seasons. Fruit cultivation thrives by making use of the climate's temperature range.

Yamanashi has also been famous since ancient times as a source of rock crystals, and it produces more jewelry than anywhere else in Japan thanks to its superior grinding techniques.

#### No.1 in Japan

Tallest mountain: Mt. Fuji



No. 1 producer of peaches, grapes, and plums





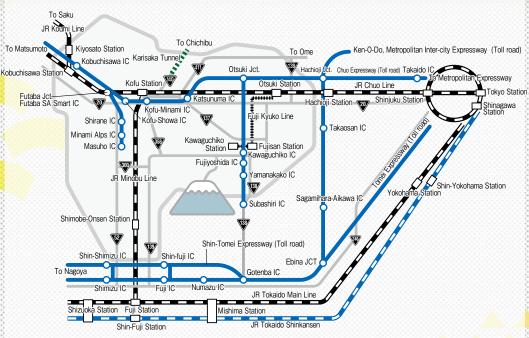
No. 1 producer of jewelry



No. 1 producer of mineral water



#### **Directions to Yamanashi**



JR Chuo Line: Azusa Limited Express Kaiii Limited Express



Chuo Expressway Yamanashi Kotsu

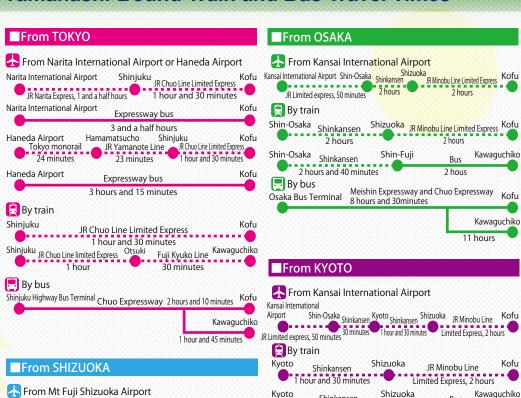


Chuo Expressway Fuji Kyuko



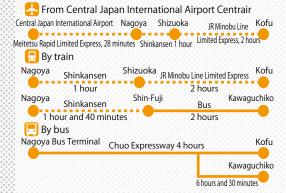


#### Yamanashi-Bound Train and Bus Travel Times





#### From NAGOYA



Access to Yamanashi is very good. Please come and visit!

Shinkansen 2 hours and 10 minutes

Kyoto Bus Terminal Meishin Expressway and Chuo Expressway

7 hours

By bus



Kawaguchiko 9 hours and 30 minutes



Tunnel of Autumn Leaves (Fujikawaguchiko Town)



#### Yamanashi Tourism Organization

Yamanashi Prefectural Office Annex 2nd Floor, 1-6-1 Marunouchi, Kofu, Yamanashi 400-0031 Tel.055-231-2722 http://www.yamanashi-kankou.jp/

